**The themes for the month of February were:**

* **Dental Health** – February is National Children’s Dental Health month. We talked about how important it is to take care of your teeth and how to do this the right way. It sounds like we have some great brushers in here!
* **Valentines** – We love to celebrate the holidays that we encounter throughout the year. The children were very excited to make their Valentine’s boxes and hand out their cards. We discussed what Valentine’s Day means and people we care about. We reinforced this by reading some very cute stories and making some fun crafts. Ms. Rose and Ms. Natalie helped us learn about this holiday. They loved when they read *There Was an Old Lady Who Swallowed a Rose* by Lucille Colandro and did a fun sequencing activity that complimented this story.
* **Dr. Seuss** – We ended February discussing Dr. Seuss. His birthday is March 2! We spent this week exploring Dr. Seuss’ wacky world and reading some of his classic stories! During this week the children will make Dr. Seuss’ Cat and the Hat’s iconic hat and read such stories as *The Cat and the Hat* and *Green Eggs and Ham*, where we will make green eggs and ham, but not the ones you can eat!
* **Lively Letters** - This month we learned about the letters R and O.  We added them to our group of index cards, so the children can practice making them and be reminded of the story that goes with each letter.

**Some of the books we read this month:**

* *The Tooth Book* by Dr. Seuss
* *The Pirate Who Couldn’t Say “Arrr”* by Angie Neal
* *The Night Before Valentine’s Day* by Natasha Wing
* *The Cat and the Hat* by Dr. Seuss

**Some of the activities we did this month:**

* Lively Letter index cards for R and O
* Toothbrush Paintings
* Cat and the Hat hats
* Heart sequencing activities (smaller to bigger)

**How to reinforce these themes at home:**

* **Letters** - Practice the letters learned this month, R and O.  Practice writing them in sugar, salt, shaving cream, in the tub, etc.  Remember always start your letters at the top!!! (Don’t forgot to keep practicing the past letters learned as well, P, B, F, V, T, D, K, G, Q, A, M, N, and L!)
* **Numbers** – The children love counting and numbers, as you practice writing the letters in all those fun multi-sensory ways suggested above, practice writing the numbers 1-5. Try up to 10! Again, remember to start your numbers from the top. The children are exposed to numbers every day during calendar. This will be a fun way to reinforce the numbers they are seeing daily!
* **Rhyming** – With introducing Dr. Seuss this week, we started to really talk about rhyming. This is just the beginning, have fun with it! Talk to the children about rhyming words you hear in stories or just objects in your children’s everyday life, like “cup, up,” “drink, sink,” etc. At this point it is just exposure to this skill.