



MAY 2025

WINTHROP PUBLIC SCHOOLS HIGH/ MIDDLE LUNCH MENU

EVERY DAY
Sun Butter & Jelly
Sandwich(V)
Bagel Lunch(V)
Hummus Plate(V)
Fruit & Yogurt Parfait(V)
Freshly Made
Salads/Wraps
Burgers/Chicken
Patty/Veggie Burger
Hummus Falafel Wraps(V)
DELI SANDWICHES ARE
OFFERED AND
TOPPINGS

Make your own rice bowls
With seasoned
Chicken or Beef
Top with
guacamole/cheese/salsa/
jalapeno/tomatoes
onions/lettuce/corn

All Lunches
Must Include
Choice of:
Fruits and/or
Vegetable
And May
Include:
1% Low-Fat
Milk

Powering
potential.

MON	TUES	WED	THURS	FRI
			1 Popcorn Chicken Tater Tot Boat	2 Ranch Chicken Bacon Flatbread
			Broccoli Florets Sweet Baby Carrots	Vegetarian Beans Celery Sticks
5 Top Your Own Baked Potato Broccoli Florets Sweet Baby Carrots	6 Chicken Quesadilla Sour Cream & Salsa Vegetarian Beans Cucumber Coins	7 EARLY RELEASE LUNCHES AVAILABLE IN THE CAFETERIA	8 Top Your Own Burger Bar French Fries Grape Tomatoes	9 Turkey Nachos Sour Cream & Salsa Broccoli Florets Celery Sticks
12 Popcorn Chicken Tater Tots Green Beans Grape Tomatoes	13 Beef Soft Tacos Sour Cream & Salsa Vegetarian Beans Cucumber Coins	14 EARLY RELEASE LUNCHES AVAILABLE IN THE CAFETERIA	15 Baked Penne Pasta Whole Grain Roll Broccoli Florets Sweet Baby Carrots	16 Beef Meatball Parm Sub Peas & Carrots Celery Sticks
19 Breaded Chicken Drumstick w/ Warm Honey Biscuit Carrots Grape Tomatoes	20 Top Your Own Burger Bar French Fries Sweet Baby Carrots	21 Breakfast for Lunch Sweet Corn Cucumber Coins	22 MOJO CHICKEN BOWL Broccoli Florets Celery Sticks	23 Fish Sticks & Tots Corn Dogs Vegetarian Beans Sweet Baby Carrots
26 MEMORIAL DAY NO SCHOOL	27 Chicken Tenders Whole Grain Dinner Roll Vegetarian Beans Sweet Baby Carrots	28 Breakfast for Lunch Sweet Corn Cucumber Coins	29 Steak & Cheese Sub Turkey Kielbasa Sub Peppers & Onions Green Beans Celery Sticks	30 Chicken Fajitas Sour Cream & Salsa Broccoli Florets Sweet Baby Carrots

Menus are subject to change.



aramark
STUDENT
NUTRITION

This institution is an equal opportunity provider.