



June 2025

WINTHROP PUBLIC SCHOOLS HIGH/MIDDLE LUNCH MENU

EVERY DAY
Sun Butter & Jelly
Sandwich(V)
Bagel Lunch(V)
Hummus Plate(V)
Fruit & Yogurt Parfait(V)
Freshly Made
Salads/Wraps
Burgers/Chicken
Patty/Veggie Burger
Hummus Falafel
Wraps(V)
DELI SANDWICHES

Make your own rice bowls
With seasoned
Chicken or Beef
Top with
guacamole/cheese/salsa/
jalepeno/tomatoes
onions/lettuce/corn/
Lime crema

All Lunches
Must Include
Choice of:
Fruits and/or
Vegetable
And May
Include:
1% Low-Fat
Milk

Powering
potential.

MON	TUES	WED	THURS	FRI
2 Top Your Own Burger Bar French Fries Sweet Baby Carrots	3 Meatball Parm Sub Carrots Cucumber Coins	4 Breakfast for Lunch Sweet Corn Celery Sticks	5 Popcorn Chicken & Tater Tots Broccoli Florets Grape Tomatoes	6 Buffalo Chicken Flatbread Green Beans Sweet Baby Carrots
9 Turkey & Cheese Nachos Sour Cream & Salsa Carrots Grape Tomatoes	10 Chicken Quesadilla Sour Cream & Salsa Vegetarian Beans Cucumber Coins	11 Breakfast for Lunch Sweet Corn Baby Carrots	12 EARLY RELEASE LUNCHES AVAILABLE IN CAFETERIA	13 SUMMER BREAK ENJOY!
16	17	18	19	20
23	24	25	26	27
30				

Menus are subject to change.

ENJOY FREE BREAKFAST EVERY DAY

Offering Whole Grain cereals/bagels/cereal bars/
Benefit Oat Bars/Muffins/Breakfast
Sandwiches/Donuts
Fresh Fruit/100% Fruit Juice and choice of Milk

FOOD SERVICE OFFICE 617-846-5505 X7210
PLEASE CONTACT YOUR STUDENT'S SCHOOL
NURSE IF YOU HAVE AN ALLERGY CONCERNS

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STUDENT
NUTRITION

This institution is an equal opportunity provider.

