



# August 2025

## WINTHROP PUBLIC SCHOOLS FORT BANKS ES LUNCH MENU

OFFERED DAILY

SUN BUTTER & JELLY  
SANDWICH(V)

CHEESE  
SANDWICH(V)

SEE MENU  
WHEN OFFERED  
Make your Own Pizza  
Bagel Lunch  
Sauce/Cheese/  
Pepperoni(pork)/  
Vegetable & Fruit

LUNCH PACK  
Yogurt cup, Cheese  
stick  
Crackers, Vegetable &  
Fruit

All Lunches  
Must Include  
Choice of:  
Fruits /  
Vegetable  
And Include:  
1% Low-Fat  
Milk or  
Fat Free  
Chocolate Milk

Powering  
potential.™

	MON	TUES	WED	THURS	FRI
					1
	4	5	6	7	8
				I	
	11	12	13	14	15
	18	19	20	21	22
	25	26	27 Pasta & Meatballs Dinner Roll  Turkey & Cheese Sub Green Beans Baby Carrots	28 Pizza Crunchers  Turkey & Cheese Sub Sweet Corn Grape Tomatoes	29

Menus are subject to change.



ENJOY FREE BREAKFAST EVERY DAY  
Offering Whole Grain cereals/bagels/  
Benefit Oat Bars/Hot Breakfast Sandwiches/Donuts  
Fresh Fruit/100%Fruit Juice and choice of Milk

FOOD SERVICE OFFICE 617-846-5505 X7210

PLEASE CONTACT YOUR STUDENT'S  
SCHOOL NURSE WITH ANY ALLERGY CONCERNS

**aramark**  
STUDENT  
NUTRITION

This institution is an equal opportunity provider.



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## WINTHROP PUBLIC SCHOOLS

### FORT BANKS ES LUNCH MENU

SUN BUTTER  
& JELLY  
SANDWICH(V)

CHEESE  
SANDWICH(V)

SEE MENU  
WHEN OFFERED

Make your Own  
Pizza

Bagel Lunch  
Sauce/Cheese/  
Pepperoni

LUNCH PACK(V)  
Yogurt cup,  
Cheese stick  
Crackers,  
Vegetable & Fruit

All Lunches  
Must Include

Choice of:  
Fruits and/or  
Vegetable  
And May  
Include:  
1% Low-Fat  
Milk  
Fat Free Chocolate  
Milk

MON	TUES	WED	THURS	FRI
<b>LABOR DAY</b>  <b>NO SCHOOL</b>	<b>1</b> <b>Mini Corn Dogs</b> <b>WG Breadstick</b> Popcorn Chicken Salad Chicken Salad Sub French Fries Baby Carrots	<b>2</b> <b>Baked Penne</b> <b>WG Dinner Roll</b> Popcorn Chicken Salad Chicken Salad Sub Broccoli Florets Grape Tomatoes	<b>3</b> <b>Pizza Crunchers</b> Popcorn Chicken Salad Chicken Salad Sub Ch Baby Carrots Crisp Cucumbers	<b>4</b> <b>Pancakes &amp; Chicken Sausage</b> Popcorn Chicken Salad Chicken Salad Sub Sweet Corn Crunchy Celery Sticks
<b>8</b> <b>Chicken Patty Sandwich</b> Salad w/Cheese Ham & Cheese Sub Green Beans Sweet Baby Carrots	<b>9</b> <b>Chicken Soft Tacos</b> Salad w/Cheese Ham & Cheese Sub Vegetarian Beans Grape Tomatoes	<b>10</b> <b>Chicken Dumplings</b> <b>Veggie Rice</b> Salad w/Cheese Lunch Pack Carrots Crisp Cucumbers	<b>11</b> <b>Cheese Pizza</b> <b>Pepperoni Pizza</b> Salad w/Cheese Ham & Cheese Sub Broccoli Florets Celery Sticks	<b>12</b> <b>Breakfast for Lunch</b> <b>Pancakes &amp; Sausage</b> Salad w/Cheese Ham & Cheese Sub Sweet Corn Baby Carrots
<b>15</b> <b>Mac &amp; Cheese</b> <b>Dinner Roll</b> Grilled Chicken Salad Turkey & Cheese Sub Broccoli Florets Grape Tomatoes	<b>16</b> <b>Beef Nachos</b> <b>w/Scoops</b> <b>Cup Of Salsa</b> Grilled Chicken Salad Turkey & Cheese Sub Vegetarian Beans Baby Carrots	<b>17</b> <b>Chicken Nuggets</b> <b>Breadstick</b> Grilled Chicken Salad Turkey & Cheese Sub Carrots Crisp Cucumbers	<b>18</b> <b>Pizza Crunchers</b> Grilled Chicken Salad Turkey & Cheese Sub Green Beans Baby Carrots	<b>19</b> <b>Breakfast for Lunch</b> <b>Waffles &amp; Sausage</b> Grilled Chicken Salad Turkey & Cheese Sub Sweet Corn Celery Sticks
<b>22</b> <b>Popcorn Chicken</b> <b>Breadstick</b> Chef's Salad Tuna Salad Sub Broccoli Florets Crisp Cucumbers	<b>23</b> <b>Chicken Quesadilla</b> <b>Cup of Salsa</b> Chef's Salad Tuna Salad Sub Green Beans Baby Carrots	<b>24</b> <b>Early Release Day</b> <b>Lunches available</b> <b>In the Cafeteria</b> <b>At Dismissal</b>	<b>25</b> <b>Cheese Pizza</b> <b>Pepperoni Pizza</b> Chef's Salad Tuna Salad Sub Vegetarian Beans Baby Carrots	<b>26</b> <b>Breakfast for Lunch</b> <b>Pancakes &amp; Sausage</b> Chef's Salad Tuna Salad Sub Sweet Corn Grape Tomatoes
<b>29</b> <b>Chicken Tenders</b> <b>Dinner Roll</b> Popcorn Chicken Salad Turkey & Cheese Sub Vegetarian Beans Baby Carrots	<b>30</b> <b>Chicken Patty Sandwich</b> Popcorn Chicken Salad Turkey & Cheese Sub Carrots Crisp Cucumbers	<b>HALF DAY LUNCH IS:</b> <b>BAGEL/CREAM</b> <b>CHEESE</b> <b>2 CHEESE STICKS/</b> <b>FRUIT &amp; VEGETABLE</b> <b>ICE COLD MILK</b>		

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