



May 2025

WINTHROP PUBLIC SCHOOL CUMMINGS LUNCH MENU

OFFERED DAILY
SUN BUTTER & JELLY
SANDWICH(V)

CHEESE
SANDWICH(V)

Hummus Cup/
Pretzels/Carrots or
Cukes/Cheese
Stick/Fruit

Yogurt cup, Cheese
stick
Crackers, Vegetable &
Fruit

All Lunches
Must Include
Choice of:
Fruits and/or
Vegetable
And May
Include:
1% Low-Fat
Milk

Powering
potential.

MON	TUES	WED	THURS	FRI
			1 Pizza Sticks Marinara Sauce Ranch Chicken Salad Tuna Sub Broccoli Florets Sweet Baby Carrots	2 Beef Hot Dogs Ranch Chicken Salad Turkey & Cheese Sub French Fries Celery Sticks
5 Homemade Mac & Cheese Ham & Cheese Sub Greek Salad Broccoli Florets Sweet Baby Carrots	6 Chicken Nuggets Dinner Roll Chef's Salad Turkey & Cheese Sub Vegetarian Beans Grape Tomatoes	7 Early Release Day Lunches available in the Cafeteria	8 Cheese Pizza Ranch Chicken Salad Ham & Cheese Sub Carrots Celery Sticks	9 Fish Sticks & Tater Tots Ranch Chicken Salad Turkey & Cheese Sub Green Beans Sweet Baby Carrots
12 Meatball Parm Sub Greek Salad Turkey & Cheese Sub Sweet Corn Cucumber Coins	13 Chicken Patty Sandwich Chef's Salad Ham & Cheese Salad Vegetarian Beans Sweet Baby Carrots	14 Early Release Day Lunches available in the Cafeteria	15 Cheese Pizza Chicken Ranch Salad Turkey & Cheese Salad Carrots Grape Tomatoes	16 Turkey Nachos Cup of Salsa Chicken Ranch Salad Turkey & Cheese Sub Broccoli Florets Sweet Baby Carrots
19 Chicken Tenders Dinner Roll Greek Salad Ham & Cheese Sub Green Bean Sweet Baby Carrots	20 Mini Corn Dogs Chef's Salad Turkey Cheese Sub Vegetarian Beans Cucumber Coins	21 Breakfast for Lunch Grilled Chicken Salad Ham & Cheese Sub Sweet Corn Grape Tomatoes	22 Cheese Pizza Ranch Chicken Salad Turkey & Cheese Sub Broccoli Florets Sweet Baby Carrots	23 Pasta & Beef Meatballs Ranch Chicken Salad Ham & Cheese Sub Carrots Celery Sticks
26 MEMORIAL DAY No School	27 Popcorn Chicken Dinner Roll Chef's Salad Ham & Cheese Sub Vegetarian Beans	28 Breakfast for Lunch Grilled Chicken Salad Turkey & Cheese Sub Sweet Corn Cucumber Coins	29 Pizza Crunchers Ranch Chicken Salad Ham & Cheese Sub Broccoli Florets Sweet Baby Carrots	30 Cheeseburger Beef Burger Veggie Burger Ranch Chicken Salad Turkey & Cheese Sub French Fries

Menus are subject to change.



ENJOY FREE BREAKFAST EVERY DAY
Offering Whole Grain cereals/bagels/cereal bars/
Benefit Oat Bars/Muffins/Breakfast Sandwiches/Donuts
Fresh Fruit/100%Fruit Juice and choice of Milk
FOOD SERVICE OFFICE 617-846-5505 X7210

PLEASE CONTACT YOUR STUDENT'S
SCHOOL NURSE WITH ANY ALLERGY CONCERNS

aramark
STUDENT
NUTRITION

This institution is an equal opportunity provider.