

Returning to School after Illness Instructions

Student: _____ Grade: _____ Date: _____

Your child has presented to the School Nurse with the following symptoms that are consistent with COVID-19

Fever (100 or >) _____ New Cough _____ Shortness of breath/difficulty breathing _____ Loss of taste/smell _____

Fatigue/Tired _____ Muscle/Body Aches _____ Headache _____ Sore throat _____ Congestion _____ Runny nose _____

Nausea _____ Vomiting _____ Diarrhea _____ Other: _____

When one of the following has occurred

1. Your medical provider (MD, NP, Physician Assistant) has determined a different illness other than COVID19 and cleared your student

- There is no fever for at least 24 hours without the use of fever reducing medicines
- have written a note stating they are clear to return to school
- No known exposure to COVID-19

Clearance note must be given to the school nurse before entering the building

2. Your child has a negative PCR test results for COVID 19

- symptoms are improving
- No known exposure to COVID-19

Results must be given to the school nurse before entering the building

3. At least 10 days from the start of symptoms

- There is no fever for at least 24 hours without the use of fever reducing medicines
- If a COVID 19 test was not performed

** Physician notes can be dropped off to the School Nurse, emailed or faxed. Parent/Guardian must reach out to the School Nurse with updated information from the Health Care Provider as necessary.*

Contact the student's health care provider as soon as possible for guidance and if any symptoms become worse, CALL 911.

Your signature below indicates that the above information has been explained to you, you understand it and have received a copy.

Parent Signature

School Nurse Signature